



GRSM/AS-U

10th Fall Spiritual Retreat

October 14-16, 2011

Check in Friday between 2-3pm

The Natural You!

Event:

We have been led to the beautiful Mount Shepherd spiritual retreat. It has 542 acres of beautiful timberland in the center of North Carolina. The beauty and peace of the center revive and renew one's spirit and focus. Our theme this year is "The Natural You". This is the perfect setting to disconnect from those things which keep us from being centered, and it provides the perfect opportunity to connect with the true beauty of our own nature.

Benefits of attending:

Having the space to get really grounded, recharge, and experience our true presence. Connect with old friends and new, experience and express what we see as a spiritual community of One. Enjoying centered meditations, prayer, and sessions on our true Divine Nature, and what it is to walk It.

Cost: \$175.00 per person, which is awesome when looking at a \$350.00 value. After September 15th the cost goes up to \$195.00, so be sure to register soon. Fill out the registration form and mail in with your \$75.00 deposit by the 9/15 deadline to save your spot, with the remainder mailed in by October 1st.

Activities available for those who want to be adventuresome!

- climbing/rappelling tower
- high ropes
- canoeing
- hiking
- swimming, fishing
- the observation tower,
- crawl wall,
- and so much more.



Retreat Location:

Mount Shepherd Retreat Center
1045 Mount Shepherd Road Ext.
Asheboro NC, 27205-2844

Contact : JR Adams
804-553-4223
Jr.adams@essentials-4-living.com

Mail registration form and payment to:

Retreat Chairperson—JR Adams
815 N. 25th Street
Richmond VA, 23223

Rooms are dormitory style. If you wish to have a private room, there are several hotels close by. You will be responsible for making your own reservations and your fee for the retreat plus 5 meals will be reduced to \$115.



GRSM/AS-U

Registration for Fall Spiritual Retreat

Family Name: _____ Address: _____

Phone (home): _____ City, State, Zip: _____

Phone (cell): _____ Email Address: _____

(Email addresses will not be sold or traded. They will solely be used to contact you regarding the retreat and other GRSM/AS-U events.)

Date of Event: October 14-16th

Please check one of the following if you are registering for the retreat.

_____ Event registration/attendance, meals and room: Full event payment of \$175.00 enclosed

_____ Paying only the registration fee at this time, fee of \$75.00 is enclosed, with additional \$100.00 paid by October 1st.

_____ Commuter: I will not be staying overnight. \$115.00 enclosed covers my attendance and meals

Amount Enclosed: _____

Rooms are dormitory style. If you wish to have a private room, there are several hotels close by. You will be responsible for making your own reservations and your fee for the retreat plus 5 meals will be reduced to \$115.

Please mail registration form to:

Attn: Retreat Chairperson JR Adams

815 N. 25th Street, Richmond VA, 23223

Retreat Location:

Mount Shepherd Retreat Center

1045 Mount Shepherd Road Ext.
Asheboro NC, 27205-2844

You will receive a follow-up e-letter stating that your form and payment have been received. In addition, the letter will contain any new and pertinent information that you will need. To stay up to date on current events and weekly inspiration, "Like" us on Facebook. Our page is Global Religious Science Ministries.

If you have any questions please feel free to email us or contact JR Adams at his home/office number (804-553-4223).